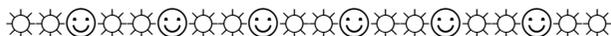




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Natural Wellness

(Silence, nature, healthy climate, hiking, cycling, well-being)

15 day trips within and around Enzkloesterle

Enzkloesterle Day: (1)

Hiking tour (6 km) through the village. Start at campground, walk into the spa garden and visit the „Kneipp“-water-pool and the barefoot path – then take the Kirchweg to Gernsbacher Steige and walk further up to the romantic path along the Schneckenkopf, down to the red deer park – walk up the path from the Forest Climbing Garden to the Erdbeerplatte (strawberry place) – after a little rest with scenic view go down to Enz valley and visit the historic building „Russhütte“ (soot hut) – follow the Bergweg along the wood for 500 m, turn left and take the narrow path to the river Rohnbach, behind the bridge turn to left again, follow the Rohnbachstrasse – cross the bridge over river Enz, turn left and follow the Enzpromenade back to the Campsite Müllerwiese.

Enzvalley Bike Trail Day: (3)

Cycling in healthy climate: On the Enztalradweg (Enzvalley Bike Trail) from Enzkloesterle to Neuenbürg (32 km + way back 12 km) – relaxing in the open air swimming pool at Neuenbürg – return to Bad Wildbad Kurpark by Enzvalley train – cycle back to Enzkloesterle along the river Enz. Description of the route: Follow the well marked Enzvalley Bike Trail on an absolutely beautiful path along a slope and through a coniferous forest to Bad Wildbad, pass the 5-valley-place Calmbach and reach the idyllic village Höfen (Guesthouse Ochsen offers the biggest Black Forest gateau you can get around), go on to Neuenbürg (beautiful historic centre and castle). The open air swimming pool of Neuenbürg (open daily, phone 07082-2550) is right next to the Enztalradweg.

Experience Day: (2)

A thrilling slide down a giant toboggan run or a visit of the minipark for children in Poppeltal (5 km, reachable by public bus for free), a test of your balance in the Forest Climbing Garden (Hirschtal 500 m) as well as a game of adventure mini-golf (500 m) will be an **experience**.

Family Day: (4)

Have a **close experience with nature** in the barefoot park (BarfussPark) Dornstetten-Hallwangen (30 km; open daily May – Oct., phone 07443-962030). Later on enjoy the clear cool water or just relax on the shores of the big reservoir Nagoldtalsperre at Seewald-Erzgrube (20 km). On your way back to Enzkloesterle the nature and experience path (Natur & Erlebnispfad Seewald) at

Besenfeld is worth to be visited (starting nearby the town sign of Besenfeld, direction Freudenstadt). Along the distance of 8 km you'll find informations on 17 boards about animals, plants and the natural environment in woods and open fields. On 44 signs "Felix, the fox of Seewald" will ask you tricky questions.

Hiking Day: (14)

Feel the inspiration of an **unparalleled countryside** while visiting the sphagnum bog around Kaltenbronn. Go by public bus (free of charge) or by your own car to Kaltenbronn. Start from the car park for hikers and take the circuit no.1, the „Grünhüttenrundweg“ (green hut circuit) (8,5 km), pass the nature reserve „Wildseemoor“ (wild lake moor) and follow the signposted „Mittelweg“ (middle path) to „Grünhütte“. Enjoy a comfortable rest in this cosy hut where food and drinks are offered. On your way back follow the circuit no. 1 to the right (Oberer Hornweg) until you reach Kaltenbronn again. If you can't get enough: A very nice trip is to walk the circuit no. 4, the „Hohlohrundweg“ (3,4 km), that leads you to the wild, romantic lake Hohloh and to the Hohloh tower (altitude 1000 m, don't miss the scenic view!)

Middle Ages Day: (7)

Walking the historic mile („historische Meile“) in the medieval town of **Altensteig** and visiting the old castle will be a cultural experience. Afterwards the open air swimming pool at Altensteig is a good place to relax and refresh (Jahnstr. 13/1, near Jahnstadion, open daily, phone 07453-9461490, 15 km, reachable by public bus, free of charge).

Nature Day: (8)

Take the public bus (free of charge) to Kaltenbronn Nature Park Information Centre („Infozentrum Kaltenbronn“) and visit the exhibition, that invites you to be interactive: touch, feel, hear and get **amazed of nature**. The Hotel-Restaurant "Sarbacher" on the opposite side attracts you with culinary delights. Afterwards take one of the well signposted hiking trails down to Enzkloesterle and don't miss the „Kaiser-Wilhelm-Turm“ (Hohloh-Tower) with marvelous view to the Rhine valley. On your way back the „Viereichenhütte“ (hut, no services) invites you to have a pause.

Primeval Forest Day: (13)

Through the primeval forest to the Enzvalley trouts: Walk along the Enzpromenade, Rohnbachstr. and Petersmühlenweg and get to the primeval forest of „Bärlochkar“ (2 km; also reachable by car, car park available). While hiking the 3 km long, signposted trail through Bärlochkar you'll read a lot interesting informations about the Black Forest and its ice-age cirque. **Feel your senses in this natural countryside**. In the neighbourhood of Bärlochkar you'll find the Forellenhof (trout farm) Petersmühle. Don't miss the fresh grilled fish with homemade potato salad (open May – October Thurs. + Sun. 11am – 4pm phone 07085-7431).

Rainy Weather Day(s):

Some destinations reachable by bus / train (free of charge).

(9) Alpirsbach (40 km): Visit „900 years stone made history“ and a **place of calm and peace**, the former **Benedictine Monastery Alpirsbach** with museum, (Klosterpl. 2, open daily, 07444-51061). Every day at 2.30pm visitors may join the guided tour through the **brewery museum** of „Alpirsbacher Klosterbräu“. Meeting point is

the info centre of the brewery. The visitors will get a general idea of traditional, technical skill of beer brewing (Markt-platz 1, phone 07444-67149).

The **Alpirsbacher glass blowing** invites you to watch an impressive spectacle, how to create perfect formed objects out of red-hot glass drops (Krähenbadstr. 3, open daily, phone 07444-6009).

(10) Freudenstadt (25 km): **See, be amazed, understand:**

Visit the **ExperienceMuseum EXPERIMENTA**, a museum for interaction, to join in and to try out, a museum for the whole family (Musbacher Str. 5, near Marktplatz, daily open, phone 07441-892923). Germany's biggest enclosed **market place** invites you for a walk under its arcades or to take a hot drink and maybe a delicious Black Forest gateau in one of the cafés.

You don't mind a rainy day while relaxing at the **Panoramabad**. Young as well as older people will enjoy this indoor swimming pool: diving platforms, big water slide, open air pool, wellness area and sauna (Ludwig-Jahn-Str. 60, daily open, phone 07441-921300).

(11) Pforzheim (38 km): Use your guestcard for riding by bus to

Bad Wildbad and further on by train to Pforzheim central station (free of charge). A good place to go is the exhibition **Schmuckwelten** with events for children (a 10 – 15 minute walk from central station, Westliche-Karl-Friedrichstr. 56, phone 07231-994444). **Good entertainment** is watching a movie at the cinema **rex-Filmplast** (Bahnhöstr. 30, phone 07231-137030).

(12) Neuenbürg (25 km): This city is the centre of an ancient

mining industry area, „where the celtic people already lived“ and where they mined iron ore and smelted it to iron. At the **visitors mine „Frischglück“** you might enjoy a trip **into the darkness of earth** (at the road between Neuenbürg and Waldrennachach/Schömberg, open April – end of Oct. on Sat., Sun., bank holiday, 07082-792860). When you're back out of the darkness don't miss the **Castle Neuenbürg** on the top of the rock (open Tues. – Sun., exhibition, café, program of events, phone 07082-792860).

Shopping and Enjoyment Day: (6)

Strolling, shopping and **enjoyment** in the shine of the Belle Epoque: that's what you could do when you are visiting Baden-Baden. To feel the magic of the city in an unconventional way, enjoy a guided city tour by coach (Info at Kur & Tourismus GmbH, phone 07221-275281). If you haven't enough money (or if you have too much) try your luck at the world-famous Casino.

Swimmingpool Day: (5)

Sun, water and pure nature. Enjoy the scenic view to the picturesque landscape of the Murg valley from the most beautiful situated open air swimming pool at Reichental (15 km). The idyllic little village as well invites you to go for a little walk. Not more than 12 km away from Reichental you'll find the „pearl of the Murg valley“, Gernsbach, with medieval centre.

Wellness Day: (15)

For your **health and well-being**: A walk through the beautiful spa garden of Bad Wildbad (12 km, reachable by bus, free of charge) along the river Enz should end with a visit of the spa bath "Palais Thermal" (with oriental charm) or the "Vital Therme". Let the wellness day end with a good meal in a restaurant.

